



ANGRY MOUNTAIN

A Sensory Drama by Gill Brigg

Based on a story by an author which I cannot trace. Many thanks to them for their inspiration.

Pupils and adult supporters work in pairs.

There is a wheeled chair for the teacher.

The room is made dark slowly.

Screens are turned off and a note is placed on the door: 'Please Do Not Disturb'

Teacher says: ***We will all be working in a story together.***

Check-in with everyone that they are ready to start.

The teacher places a green cloth over a chair (the mountain) and a blue cloth on the floor (the river).

Once upon a time there was a beautiful mountain with green trees and fields, lots of wild animals and birds, and a wonderful river full of fish.

Beautiful music plays

Geranium and rose oils are offered to the students.

But the people who lived in this place, didn't look after it, and they left lots of horrible rubbish everywhere. They spoiled the mountain.

Teacher puts rubbish around the classroom such as crisp packets, yoghurt pots, big boxes etc. Pupils help. There are lots of noises to hear and make: scrunching, tearing, banging etc.

The mountain was very angry.

Teacher uses loud percussion and staccato, angry vocal noises as they step into role.

***'I have had enough of this mess. I am leaving', said the mountain.
So she got up and walked away.***

The mountain leaves the room angrily, wrapped in the green and blue cloths.

Another adult says:

The people were very upset and missed their mountain. They decided to tidy up.

Pupils pick up the rubbish and put it in the bin. The bits of rubbish are highlighted with a torch as the clean-up takes place in silence.

One pupil is encouraged to go and collect the mountain, who is waiting outside the room.

The mountain is filled with joy and gratitude.

'Thank you so much for clearing away the rubbish. I will return'.

The mountain settles back, as the beautiful music plays and floral oils are offered again.

This story can be repeated many times with the pupils leading the story and taking on the role of the mountain.

The session ends with lots of praise.

The room is calmly returned to its usual state.

You will need:

'Do Not Disturb' sign

Wheeled chair

Blue fabric

Green fabric

Selection of clean rubbish

Torches

Rubbish bin