

## CLARA'S CLOTHES

### A Sensory Drama by Gill Brigg

Pupils and adult supporters work in pairs.

There is a wheeled chair for the teacher.

The room is made dark slowly.

Screens are turned off and a note is placed on the door: 'Please Do Not Disturb'.

Teacher says: ***We will all be working in a story together.***

Check-in with everyone that they are ready to start.

The teacher begins:

***I'm going to pretend to be Clara. This is Clara's chair.***

\*Clara carries the full washing basket into the space with great effort. She collapses exhausted into her chair.

***This is my washing basket full of dry clothes. Will you help me sort them out? I need big clothes here and small clothes here.***

The pupils are encouraged to identify the clothes as they come out of the basket and to put them into the correct piles. One pile is placed on each of Clara's knees.

***Good. Thank you. I'll just have a little rest. If I fall asleep, call out my name- Clara- and that will wake me up.***

Clara falls asleep. As her name is called, she stands up with great energy and the clothes are thrown up into the air. As she tries to sort them out on the ground, the muddle just gets worse!

***Please help me put them back in the basket.***

The pupils must hurry to collect the scattered clothes and put them back in the basket.

Order is restored. \*

\* to \* is repeated many times.

Then, in addition to Clara being woken up, it begins to rain.

Another adult uses a water spray to add peril and drama to this moment.

The scattering of clothes, the spraying of water and the hurried collecting of the clothes by the pupils into the basket is repeated many times.

Individual pupils can be invited to take on the role of Clara.

When the time is right, the teacher says:

***That is the end of the Clara story.***

The session ends with lots of praise.

The room is calmly returned to its usual state.

This session can have a variety of categories of clothes for sorting: girls/boys, different colours, winter/summer etc.

**You will need:**

'Please Do Not Disturb' sign

Wheeled chair

Laundry basket

Selection of big and small clothes

Water spray